



# LA CANTINA KENT STREET MENU

## VITTORIA COFFEE – NERO BLEND 100% Arabica beans

flat white	4.8
cappuccino	4.8
latte	4.8
long black	4.6
piccolo latte	4.6
macchiato	4.6
espresso	4.6
ristretto	4.6
hot chocolate	4.8
mocha	4.8
chai latte	4.8
babycino	2.5

### decaffeinated coffee available

## COFFEE EXTRAS

hazelnut, caramel or vanilla syrup	1.0
large	0.5
soy milk	0.7
almond milk	0.7
extra shot of espresso	0.5

## TEAS

english breakfast	5.0
earl grey	5.0
pure green herbal	5.0
lemon and ginger herbal	5.0
pure peppermint herbal	5.0
pure camomile herbal	5.0
irish breakfast tea	5.0
darjeeling ripe fruits	5.0

## BREAKFAST

### toast

plain turkish bread	5.8
raisin turkish bread	5.8
sourdough - soy and sesame linseed/white/ rye/wholemeal	5.8

*served w condiments*

**gluten free toast** served w condiments 6.5

**freshly baked croissants** with condiments 7.0

**double smoked ham and cheese croissant** 8.5

**fresh start bowl** with mixed berries, yoghurt and granola 12.0

**fresh seasonal fruit bowl** 10.5

**classic bacon and egg roll OR wrap (toasted)** 13.0

2 fried eggs, 2 rashers of bacon on toasted  
damper roll with your choice of sauces

**vegetarian breakfast roll or wrap (toasted)** 13.0

sautéed mushrooms, wilted spinach, roasted vine  
tomatoes and scrambled eggs on a toasted tortilla  
with your choice of sauces

**english muffins** 14.5

served with ricotta, banana slices and drizzled with honey

**salmon avocado stack** 18.5

2 lightly poached free range eggs on avocado, smoked  
tasmanian salmon and lemon on rye sourdough

**eggs benedict** 15.5

traditional eggs on toasted english muffins with homemade  
tarragon infused hollandaise sauce

w bacon 3.5

w smoked salmon 4.0

w wilted spinach 3.5

**classic eggs on toast** 12.5

eggs your way (scrambled, poached or fried)

w sourdough toast **(add extras below)**

## EXTRAS

extra egg	3.0	beef sausage	3.5
mushroom	3.5	tomato	3.5
smoked salmon	4.0	hash brown	3.0
hollandaise	2.0	avocado	4.0
bacon	3.5	spinach	3.5
ham	3.5	ricotta	3.5
baked beans	3.0	haloumi	4.0

**lacantina omelette** 19.0

choose any 2 items above on rye sourdough

**egg white omelette** 19.0

choose any 2 items above on rye sourdough

**big breakfast** 25.5

free range eggs (choice of scrambled, poached or fried)

w bacon, tomato, mushroom, beef sausage and hash  
brown on sourdough

## SOMETHING SWEET

**freshly baked muffins** 5.2

choc chip, orange poppy seed, apple almond, blueberry

**banana bread** served with butter 5.2

**freshly baked friands** 5.2

almond, raspberry, berry

**freshly baked cakes/slices/pastries** 6.5

*please check with your waitperson for todays selection*

### gluten free sweet

triple choc chunk biscotti 6.0

white chocolate and macadamia biscotti 6.0

lamingtons 6.0

*please check with your waitperson on todays selection of  
gluten free muffins and cakes*

## LUNCH

### burgers

*(all served with beer battered chips)*

**grilled chicken** 19.5

grilled chicken fillet with tomato, lettuce, cheese, avocado and aioli on a fresh damper roll

**wagyu beef** 19.5

homemade wagyu beef pattie, crispy iceberg lettuce, tomato, dill pickle, beetroot, cheese and caramelized onion topped with american mustard mayo on a damper roll

**veggie** 19.5

grilled vegetable pattie with iceberg lettuce, tomato, homus and topped with grilled haloumi cheese on a damper roll

## FRESH SALADS

**lebanese fatoush salad** 19.0

tomato, cucumber, spring onion, parsley, mint and radish dressed with lemon juice and served with toasted lebanese bread pieces and sprinkled with sumac

**classic caesar** 18.5

with crispy bacon, herb croutons, poached egg and parmesan cheese

**tuna salad** 18.5

tuna, lettuce, avocado, tomato, onion, capsicum and boiled egg served with lemon and olive oil dressing

**grilled haloumi salad** 20.0

with cucumber, cherry tomato, spinach onion, mixed lettuce, walnuts, baby beetroot and grilled haloumi

**add moroccan chicken or smoked salmon or prawns** 5.0

**add anchovies** 1.5

## MAINS

**mediterranean plate** 24.0

skewers of lamb khafta, garlic chicken and marinated beef w homus, and pickles on lebanese bread with a fresh fatoush salad

**nachos** 18.0

corn chips, layered with melted cheese, beef con carne, mild tomato salsa, sour cream and guacamole

**lebanese chicken roll** 17.0

shredded chicken, lettuce, tomato, pickles and garlic sauce in lebanese bread with beer battered chips

**salt and pepper squid (aus)** 20.0

served with beer battered chips, fresh garden salad and homemade aioli

**chicken breast schnitzel** 22.0

served with beer battered chips, fresh salad and gravy

**penne boscaiola** 19.0

with bacon, mushroom, shallots, white wine cream sauce and parmesan cheese

**penne bolognese** 19.0

beef mince in a rich napolitano sauce w shaved parmesan

**pumpkin risotto** 20.5

with ricotta, sage and topped with shaved parmesan cheese

**marinated chicken risotto** 22.0

with leek, mushrooms, and spinach topped with shaved parmesan

**chilli prawn linguini** 24.0

in extra virgin olive oil, semi-dried tomatoes, spinach and garlic

**fish and chips** 19.50

beer battered flathead fillets and chips served with homemade aioli and lemon

## SIDES

**sourdough bruschetta** 9.2

(cherry tomato, onion, basil and fetta)

**beer battered chips** with aioli 8.0

**potato wedges with sweet chilli and sour cream** 9.0

## BEVERAGES

pepsi 4.7      lemonade 4.7

pepsi max 4.7      blood orange mineral water 5.0

lemon, lime and bitters 5.0

santa vittoria still water 500ml 9.0

santa vittoria sparkling water 500ml 9.0

330ml sparkling water 5.5

600ml bottled water 4.5

v energy drink bottle 6.0

### santa vittoria italian sodas/iced teas

chinotto – italian cola drink 7.0

aranciatta rosa – red/blood orange drink 7.0

limonata - lemon drink 7.0

lemon iced tea 7.0

peach iced tea 7.0

green iced tea 7.0

### bottled spring valley juices

orange/apple/pineapple 6.0

### iced drinks

iced chocolate 7.0

iced coffee 7.0

iced mocha 7.0

**milkshakes** 7.0

*(chocolate, strawberry, caramel, vanilla)*

**smoothies** 7.5

*(mixed berries, banana)*

## FRESHLY SQUEEZED JUICE

orange 8.5

mixed Juice (choice of 4) 9.0

*(orange, pineapple, beetroot, ginger, pineapple, rockmelon, spinach, cucumber, mint, lemon)*

### beer

cascade premium light 8.0

crown, lager, pure blonde, peroni, corona 8.5

### sparkling wine

the duchess sparkling non vintage cuvee (hunter valley nsw) 8.5gl 33b

### white wine

geoff merrill pimpala rd chardonnay (molaren vale sth aus) 8.5gl 32b

allan scott sauvignon blanc (marlborough nz) 9.0gl 35b

dunsborough hills Verdelho (margaret river, wa) 9.2gl 35b

printhe mountain range pinot gris (orange nsw) 9.2gl 35b

### red wine

checkerboard shiraz (south east australia) 8.0gl 32b

lock and key cab sav (hilltop nsw) 9.2gl 35b

kingston estate merlot (barossa valley, sa) 9.2gl 35b

baby doll pinot noir (marlborough nz) 9.5gl 38b